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## **Collection of 24-hours-urine**

## Instructions

mail@labors.at | www.labors.at

- In the morning empty bladder into the toilet and note the time.
- Start with the next emptying of the bladder and continue until next morning. Collect the entire amount of urine and pour it into the vessel.
- Finish collecting urine the next morning about the time listed on the previous day (24 hours).
- The exact quantity of the collected urine is needed for a correct evaluation.
  - Option 1: Deliver the collection vessel to the lab.
  - Option 2: Note the exact quantity of urine in the collection vessel. Close the collection vessel tightly and swing it 180 degrees (do not shake), mix well, then fill in a urine sample immediately into a cup provided by labors.at, and bring it to the lab. Please enter all required data and hand in this form with the urine cup.

Information urine collection				
Patient:		Date of Birth:		
Urine quantiy:				
Urine collected from:	date, time	to	date, time	
Urine submitted:	date	Signature:		