

## Information for Patients

### Covid-19 PCR Test (SARS-CoV-2-RNA-PCR) - Gargle Test

#### Background:

Throat flushing fluid can be used for the PCR test. It is important that even the rear throat area is flushed, because that is where the highest virus concentration is found.

#### Preparation:

- Please fill in the **analysis requisition form** (back side) **completely** (please do not forget to mention your phone number!).
- Write your **first name, last name and date of birth** on the adhesive label and stick it onto the tube.
- **Please make sure that you are alone in the room when gargling, so that other persons are not endangered by droplets and aerosols!**

#### Instructions about the procedure:

- 1) Please do **NOT** eat, drink and brush your teeth **2 hours** before the gargle test!
- 2) Open the ampoule containing sterile saline solution and put the liquid into your mouth.
- 3) Tilt your head backwards and let the liquid flow into the throat without swallowing it.
- 4) **Gargle for at least one minute!**
- 5) Open the labelled tube.
- 6) Spit the flushing liquid into the tube.
- 7) **Close** the tube **tight**, pack it in the small plastic bag and close that fully. Place the small plastic bag together with this completed form (on the back side) into the large plastic bag and close that too.
- 8) The samples last for **48 hours at room temperature** and **72 hours** at 4 degrees Celsius in the **refrigerator**.

#### Then:

- Submit your **labelled sample** in the bag together with the completed **requisition form** and an **ID** to your doctor or to one of our acceptance offices. If you have a **referral**, it must be **submitted** during the sample delivery at one of our acceptance offices.
- The analysis will normally be completed within 1 weekday from the receipt in our laboratory.
- You will receive the **report by post** and can also retrieve it electronically using the **Laborcard [laboratory card]**. If you do not yet have a free Laborcard and want to use our service, please complete the attached application form and enclose it again.

#### Information:

Since Covid-19 is a disease that must be reported, we, as a laboratory, are obligated to report negative as well as positive results to the EMS (electronic reporting system) of the Ministry of Health. An automatic reporting of the test result into the "Grünen Pass" is done.

SARS-CoV-2 RNA-PCR

Gargle solution

Date \_\_\_\_\_

Time \_\_\_\_\_

To be completed by the doctor

Billing:

Collective bill to the doctor's office

Private bill to the patient

Direct settlement at checkout

Diagnosis: \_\_\_\_\_

Last name \_\_\_\_\_ First name \_\_\_\_\_

Date of birth \_\_\_\_\_ Insurance no. \_\_\_\_\_

F  M Telephone number \_\_\_\_\_

E-Mail \_\_\_\_\_

Address \_\_\_\_\_

Post code, place \_\_\_\_\_

I hereby confirm that the sample was submitted by me.

Signature of the patient \_\_\_\_\_

Date \_\_\_\_\_ ID number \_\_\_\_\_

**Please fill in if the sample is not being submitted by the patient himself/herself:**

Please note that a power of attorney will be required in this case!

The power of attorney issued by me includes the submission of sample, analysis requisition form or referral.

Name of the bearer \_\_\_\_\_ Date of birth \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

ID number \_\_\_\_\_