

## Collection of 24-hours-urine

### Instructions

- In the morning empty bladder into the toilet and note the time.
- Start with the next emptying of the bladder and continue until next morning. Collect the entire amount of urine and pour it into the vessel.
- Finish collecting urine the next morning about the time listed on the previous day (24 hours).
- The exact quantity of the collected urine is needed for a correct evaluation.

Option 1: Deliver the collection vessel to the lab.

Option 2: Note the exact quantity of urine in the collection vessel. Close the collection vessel tightly and swing it 180 degrees (do not shake), mix well, then fill in a urine sample immediately into a cup provided by labors.at, and bring it to the lab. Please enter all required data and hand in this form with the urine cup.

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### Information urine collection

Patient: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Urine quantity: \_\_\_\_\_

Urine collected from: \_\_\_\_\_ to \_\_\_\_\_  
date, time date, time

Urine submitted: \_\_\_\_\_ Signature: \_\_\_\_\_  
date